

Swedish Meatball Meatloaf, or Fall-Apart Meatloaf

Source: Jane's Mom (Sally)

Ingredients:

2 lbs - ground beef
2 C - soft bread crumbs (bread put through a blender, not boxed bread crumbs)
8 oz - cream cheese
1 pkg - dry onion soup mix
1/2 tsp - salt
1/2 tsp - ground nutmeg
2 - eggs
1/2 C - milk

Instructions:

mix ingredients by hand (not in a Cuisinart or Kitchenaid)
Bake at 350 until done (thermometer reads 160) ~ 1 hour